FINAL RACE INSTRUCTIONS

Pilgrims Marathon & Half Marathon

Sunday 13 September 2026

On behalf of the **Rotary Club of Farnham Weyside and Farnham Town Running Club**, thank you for entering the 2026 Pilgrims Marathon or Half Marathon.

We hope you have a fantastic day!

PLEASE READ THESE INSTRUCTIONS CAREFULLY BEFORE RACE DAY.

IMPORTANT – NEW START & FINISH LOCATION

The start and finish location has **changed from previous years**.

Myrtle's Courtyard, Hampton Estate
Littleworth Road, Seale, GU10 1JH
what3words: ///touched.reckon.feuds

These instructions are divided into three sections:

1. Pre-Race Information
2. Race Day Information
3. Post-Race Information

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1. PRE-RACE INFORMATION

Running Kit

The Pilgrims is a trail event, and it is important to wear suitable kit. We strongly recommend wearing kit that you have already trained in and know is comfortable.

Trail running shoes are strongly recommended. Parts of the route are rocky and steep, and tree roots and trails can become particularly slippery in wet conditions.

This is a cup-less race

To support our sustainability objectives, **there will be no disposable drinking cups at the water stations**.

All runners must carry their own drinking bottle, hydration pack or reusable/folding cup.

Water will be available at designated marshal stations for you to refill.

We recommend carrying **a minimum of 500ml of fluid** with you.

We also strongly recommend carrying:

- A fully charged mobile phone
- The what3words app
- Sun cream where appropriate
- Insect repellent where appropriate

If you have any questions before race day, please contact Race Director **Philip Potter on 07962 398282**.

Race Numbers

Race numbers can be collected in advance on:

Saturday 12 September, 9:00am–4:00pm

Shoelands Farm Business Park
Seale Lane
Farnham
GU10 1HL

what3words: ///limits.heath.media

There is plenty of free parking at Shoelands Farm, and members of the event team will be available if you have any questions.

Alternatively, race numbers can be collected on race morning from the Event Village, which opens at **7:00am**.

If collecting your number on Sunday morning, please allow plenty of time before your race starts.

Please complete the emergency/contact information on the reverse of your race number and ensure your number is clearly visible on the front of your running top throughout the event.

Hot & Dry Weather / Fire Risk

At the time of writing, the course is very dry following recent hot weather.

For everyone's safety, **smoking, vaping, portable BBQs and anything else that could create a fire risk are prohibited within the Event Village and on the course.**

If hot or exceptionally dry weather continues, the Pilgrims Planning Committee may issue additional instructions before race day.

Getting to the Event

Driving is realistically the most practical way to reach the Hampton Estate. There is no local railway station, and buses operate a Sunday service which is unlikely to get runners to the start in time.

NEW START / FINISH & PARKING LOCATION

Myrtle's Courtyard, Hampton Estate
Littleworth Road, Seale
GU10 1JH

what3words: ///touched.reckon.feuds

We recommend using **what3words rather than relying solely on your sat-nav** when approaching the event.

From London

Leave the Hogs Back at the Seale junction and turn left onto Elstead Road.

Just past the church, turn right to continue along Elstead Road, following the Pilgrims event signs.

Continue to the crossroads and turn left onto Littleworth Road.

Continue for approximately two kilometres, where you will see the entrance to the event.

From Farnham

From the Shepherd and Flock roundabout, head towards Guildford/Hogs Back and take the first left exit towards Runfold.

At the T-junction, turn left onto Guildford Road and then, after approximately half a kilometre, turn right onto Seale Lane.

Continue to the end of Seale Lane and turn right. Just past the church, turn right to continue along Elstead Road, following the Pilgrims event signs.

At the crossroads, turn left onto Littleworth Road and continue for approximately two kilometres to the event entrance.

The start and finish are located close to the event car park, so there is only a short walk from your vehicle to the Event Village.

Parking is free, although there will be a collection bucket for donations to Rotary's charitable work.

Please consider **car sharing** wherever possible to support our sustainability objectives.

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2. RACE DAY INFORMATION

Key Times

Event Village & Car Park open: 7:00am
Marathon start: 8:30am
Half Marathon start: 9:00am

A pre-race warm-up will take place approximately **10 minutes before each race starts**.

Please arrive in plenty of time to park, collect your race number if necessary, use the facilities and familiarise yourself with the start area.

Parking

The free event car park opens at **7:00am**.

Marshals will direct you to a parking space and then towards the Event Village.

Important: Vehicles arriving at approximately **8:28am may be temporarily held for around two minutes** while the marathon runners clear the start area.

Early arrivals will be able to purchase a pre-race coffee in the Event Village.

Event Village

The Event Village will include:

- Race registration/number collection
- Bag drop
- Toilets
- Food and drink
- Medical support
- Start and finish areas

A bag drop will be available, but please **do not leave valuables in your bag**. Wherever possible, leave valuables at home or securely in your vehicle.

Safety & Medical Information

Long-distance trail running is a strenuous activity.

Please do not start the race if you are feeling unwell or are medically unfit to participate.

A medical team will be available at the start/finish area, with mobile medical support available around the course.

Both races will have a **tail runner**, and marshals will be positioned around the course to support runners.

We are delighted to once again be supported by **Farnham Town Running Club**. You will see their volunteer marshals and helpers around the course and Event Village in their distinctive **black and pink colours**.

Water Stations

This is a **cup-less event**, so remember to carry your own bottle, hydration pack or reusable cup.

Marathon Water Stations

- **Totford Hatch** – 1.4 miles
- **Good Intent** – 2.7 miles
- **Watts Gallery** – 4.4 miles
- **Shalford South** – 7.1 miles
- **St Martha's** – 11 miles
- **Watts Gallery** – 16 miles
- **Rodsall Manor** – 20 miles
- **Totford Hatch** – 23.5 miles

Half Marathon Water Stations

- **Totford Hatch** – 1.4 miles
- **Good Intent** – 2.7 miles
- **Rodsall Manor** – 4.5 miles
- **Warren Cottage** – 7.5 miles
- **Totford Hatch** – 10.5 miles

Please familiarise yourself with the location and spacing of the water stations and plan your hydration accordingly.

The Course

The course will be marked using **Pilgrims route markers – black arrows with an orange circle on a white background**.

Marshals will also be positioned at key locations.

Please follow all instructions given by marshals, particularly at road crossings.

The Pilgrims is **not a closed-road event**. The route includes several road crossings and uses trails and paths that remain open to other members of the public.

Please:

- Take particular care when crossing roads
- Follow marshal instructions
- Be courteous to walkers, cyclists and other path users
- Be considerate around animals and wildlife
- Do not drop litter

Bin bags will be available at marshal stations and in the Event Village.

Please help us protect the beautiful Hampton Estate and surrounding countryside by putting all rubbish in the bins provided or taking it home with you.

The Finish

Once you've crossed the finish line, **all finishers will receive a colourful Pilgrims medal**.

Then it's time to enjoy the Event Village and celebrate!

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3. POST-RACE INFORMATION

After your race, the Event Village will have a range of **food and drink available to purchase**.

We look forward to welcoming you back and hearing your stories from the trails.

Event Photography

There will not be an official commercial race photographer this year.

However, volunteer photographers will be around the course and Event Village capturing the atmosphere of the day.

They will be taking general event photographs rather than attempting to photograph every individual runner.

We aim to share a link to the photographs **a few days after the event**.

Please feel free to share your own photos and videos too.

Follow the Pilgrims

Follow us on Instagram:

@farnhampilgrimmarathon

We'll be sharing plenty of news, photographs and videos before, during and after race day.

And keep an eye out for **early-bird entry offers for the 2027 Pilgrims!**

FINAL REMINDERS

Before leaving home, please remember:

- Your race number, if collected in advance
- Trail running shoes
- Your own cup, bottle or hydration pack
- At least 500ml of fluid
- A fully charged mobile phone
- what3words
- Appropriate clothing for the conditions
- Sun cream/insect repellent if required
- **The new start/finish location**

Race Day Location

Myrtle's Courtyard, Hampton Estate
Littleworth Road, Seale
GU10 1JH

what3words: ///touched.reckon.feuds

Marathon – 8:30am
Half Marathon – 9:00am

Most importantly, **enjoy the trails, look after each other and have a fantastic Pilgrims!**

Best wishes,

Rotary Club of Farnham Weyside
Farnham Town Running Club

Contact

Email: chair@farnhamtownrunningclub.co.uk
Race Director: Philip Potter – 07962 398282

This event is organised for charity on behalf of the **Rotary Club of Farnham Weyside – Registered Charity No. 1053391**.